



Support and friendship
for families

Home-Start
Renfrewshire
& Inverclyde

Can you help us?



Volunteers Needed!

As a parent or carer do you have 2-3 hours a week to spare?

Could you help make a difference to families with young children in Inverclyde?

To find out more about becoming a home-visiting volunteer for Home-Start Inverclyde please contact our office;

By phone on 01475 603441, by email at inverclyde@home-start-renfrewshire.org.uk

You can also visit our website home-start-renfrewshire.org.uk or visit our Facebook page.

All volunteers receive full training through our Volunteer Training Courses which run regularly throughout the year.

A Volunteer's View!

"Offering friendship and support to a family is a great and valuable experience. To know that just a few hours per week can make such a difference to a family's life, however small, is a positive thing for all concerned."





Support and friendship
for families

Home-Start
Renfrewshire
& Inverclyde

Can we help you?

We have Home-Start volunteers available now who can visit you, once a week, for a couple of hours. You decide what you will do together. They can help you with issues such as:

- Getting to appointments
- Establishing routines
- Encouraging play and reading with your children
- Listening to your worries, concerns and hopes for your family
- Offering a shoulder to cry on
- Sharing their own experiences of parenting and family life
- Being there because they want to be – not because someone has 'sent' them
- Giving you a break
- Offering advice if you ask for it
- Providing support, friendship and encouragement



Our service is free and confidential.

To find out more, you can contact us yourself or you can speak to your health visitor, nursery or other professional in contact with your family and they can put you in touch with us. You can phone us on 01475 603441, email: inverclyde@home-start-renfrewshire.org.uk You can also visit our website home-start-renfrewshire.org.uk or visit our Facebook page.

A Family's View!

"I look forward every week to my volunteer coming. The kids constantly ask me when she is coming next. She is so lovely and has helped take the weight off my shoulders."

